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CAMPUS NEWS

LA SALLE UNIVERSITY'S WEEKLY INFORMATION CIRCULAR

January 22, 1993



1992 Campaign

1992 Campaign Chair
Robert E. Cawthorn

THANKS TO YOU
LA SALLE CAME THROUGH!

December 10, 1992

Brother Andrew Bartley, F.S.C.
LaSalle University
Development Office
1900 West Olney Avenue
Philadelphia, PA 19141

Dear Brother Bartley:

On behalf of the United Way of Southeastern Pennsylvania, thank you and all the employees of LaSalle University who contributed to this year's campaign.


Your generous gift of \$4,405 represents a 40% increase over last year! Thanks to LaSalle's contributors, a broad spectrum of health and human service agencies in our community will be assisted.

I would like to thank the University community in their important work and for your support and efforts as a chairperson, which helped make this fall's 1992 Campaign a success. The United Way looks forward to your continued support in future campaigns.

Very truly yours,

Margaret Barbee
Loaned Executive

Chairman of the Board
Theodore J. Fuller
Director & Officers of Pennsylvania, Inc.
Vice Chair 1992 Campaign Chair
Susan W. Catherwood
University of Pennsylvania Medical Center
Immediate Past Campaign Co-Chairs
Francis R. Strawbridge, III
Peter S. Strawbridge
Strawbridge & Clothier
Labor Participation
Max Levine
Philadelphia Council AFL-CIO
Alexis de Toqueville Society
John C. Haas
Community Volunteer
Campaign Communications
Walter A. Spira
Earle Palmer Brown & Sore
Philadelphia Region
Susan W. Catherwood
University of Pennsylvania Medical Center
Northeast Region
Malcolm D. Strickler
Friends Hospital
Chester/Montgomery Counties Region
William Grove
Stroemmann Bakery Co
Delaware County Region
Robert J. Murphy, Jr., Esq.
Murphy Financial Group
Individuals Group
Barbara D. Hauptfalter
Community Volunteer
Hospital Division
Wilbur B. Pringer
The Hospital of the University of Pennsylvania
Higher Education Division
Dr. Ronald J. Temple
Community College of Philadelphia
Foundations
H. Francis De Lone, Esq.
Dechert Price & Rhoads
Direct Marketing Campaigns
Pat Ciarracchi
KYW-TV3
Loaned Executive Program
Joseph F. Paquette, Jr.
Philadelphia Electric Company
Focused Employee Program
Rob A. Ruchter
General Accident Insurance Co
Account Development Co-Chairs
Fred H. Lindquist
The Kling-Lindquist Partnership
Raymond H. Welsh
Kidder Peabody & Company, Inc.
Special Projects
John K. Bunsinger
The Businesser Company
The Community Spirit Awards
Diane Allen
WCAL-TV10

 **Campus News** is distributed weekly to foster communication and encourage information sharing among University departments. Articles submitted are the responsibility of their authors alone and do not imply an opinion on the part of La Salle University or the Department of Mail and Duplicating Services.

MEMORANDUM

TO: All Administrative Staff

FROM: Stephen Breedlove, Interlibrary Loan Coordinator,
Connelly Library

SUBJECT: INTERLIBRARY LOAN SERVICE

Members of the administrative staff of La Salle University are eligible to use the Interlibrary Loan Service of the Connelly Library. Interlibrary loan is not limited to faculty and students. If you need materials that are not available at the Connelly Library, you can request them through interlibrary loan. We can borrow books from other libraries for you. Also, we can obtain articles from periodicals that are not held by the library.

The interlibrary loan staff searches online union catalogs to obtain locations for materials, then sends most requests through electronic mail to the locations that are found. Most materials are received within seven to ten working days. There is no charge for interlibrary loan.

For further information, stop at the Information Desk, or call ext. 1287. We can give you request forms and a copy of Library Guide 9, "Interlibrary Loan Service," that describes interlibrary loan in more detail.



La Salle University
Philadelphia, Pennsylvania 19141-1199

Food Services Department

To: Campus Community

From: Stephen C. Greb, Director of Food Service

Date: January 22, 1993

Re: Food Service Changes For 1993

The new year is upon us, and with it, the beginning of the spring semester. While students and faculty alike are making resolutions and changes for the new year, food services is doing its part, as well. Certain changes which we hope will benefit all students will become effective this semester regarding the meal plans. The changes are as follows:

1). **Guest Meals**--Last semester students on meal plans could treat a "guest" to a meal in North Dining by using either their Special Food Account (SFA) or Gold Card Account to purchase a meal.

This semester the same capability for treating a guest to a meal will exist. However, each student (on a meal plan) will be provided the additional feature of three (3) "Guest Meals" per semester to use at their discretion. These meals will be provided in "addition to" their normal weekly allotment at no extra charge.

2). **7 Plus Meal Plan**--Last semester students that purchased a 7 Plus Meal plan were awarded 7 meals a week and \$450 in their Special Food Account.

This semester the 7 Plus Meal Plan will still provide 7 meals a week. However, the Special Food Account will become \$550. (note the cost per semester for a 7 Plus Meal Plan will remain the same as last semester...\$1,150 per semester.

3). **Special Food Account Accepted in Intermissions**--Last semester only the Gold Card Account and cash were accepted in Intermissions. This semester students who have a meal plan with Special Food Account funds will be permitted to use those funds to purchase a meal during lunch, dinner or late night in Intermissions.

The changes came about through internal discussions including the Food Service management staff, Food Service Committee meetings, student forums and data received from a recent departmental survey. The purpose of these changes is to enhance student satisfaction with their meal plans. As always, your continued input is welcomed and encouraged.



La Salle University
Philadelphia, Pennsylvania 19141

Campus Store

To: All University Staff

From: Tim Hassall, Campus Store

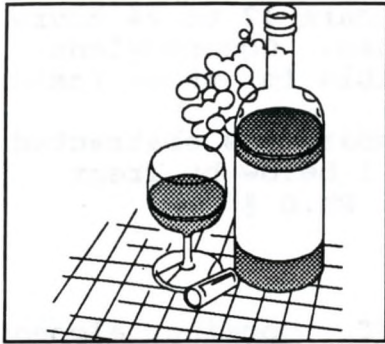
Timothy Hassall

Re: Departmental Requisitions

Date: January 13, 1993

Due to the increased number of errors when ordering from Boise Cascade in the past year, effective immediately all requisitions submitted without proper stock, I.D., budget and requisitioner information WILL BE RETURNED TO THE DEPARTMENT SUBMITTING THE ORDER. Currently, orders with incorrect or incomplete information takes twice as long to process. We hope this will improve the ordering process.

As always make sure to use the 1993 BOISE CASCADE OFFICE PRODUCTS CATALOG ALONG WITH THE LASALLE CONTRACT ITEMS SUPPLEMENT. Both are available at the textbook counter. If you have any questions, call us prior to ordering to avoid any delays.



Booze News

Counseling Center

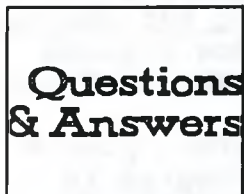
Feb 1993



AOD (alcohol & other drug) Talk is an electronic bulletin board which has been available on Administrative Computing's eMAIL for just over a month. This bulletin board is dedicated to the quick and timely distribution of aod related information. To date, topics have included an overview of the drug 'Khat' which is chewed by somalis, suggestions hosting successful holiday parties, and book reviews to mention a few.

With the relaxed schedule at the Counseling Center over break, time was available to 'figure out' how to make this service available to those on the Academic Computing network as well.

If interested in subscribing to this service, send a request to Robert Chapman- 'chapman' on the HP or SXCTRXC on eMAIL. Sample postings are available via the same addresses.



"I see lots of attention in the media about the war on drugs and the devastating effects of crack. I hear, however, that alcohol actually

causes many more deaths each year. Is this true?"

There is no doubt that the 'war on drugs' has been a focal point of the out going administration's approach

to the 'drug problem' in this country. However, most attention and funding are focused on those drugs we categorize as illegal.

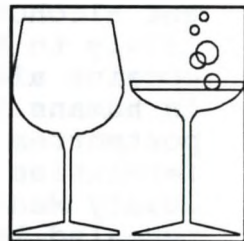
Much media attention to illegal drugs such as cocaine and marijuana has been effective in raising the public's awareness of drug abuse and addiction as serious problems. Yet, rarely do we see alcohol and nicotine treated in the same way.

You ask if alcohol is related to more deaths than crack and the answer is an unqualified YES!. More individuals die each year as a result of alcohol- accidents, medical complications, homicides, etc- than from all illegal drug abuse combined. As a matter of fact, if we were to look at the deaths which result from the consumption of LEGAL drugs- alcohol and nicotine- we would find 'drug abuse' as one of the top three killers of American men and women.

This might beg the suggestion that we resurrect prohibition. But the truth be told, the majority of us who drink do so without problems. To quote Abraham Lincoln,

"Prohibition goes beyond the bounds of reason in that it attempts to control a man's appetite by legislation and makes crimes out of things that are not crimes. A prohibition law strikes a blow at the very principles upon which our government was founded."

Alcohol is a beverage which compliments a meal and contributes to the enjoyment of a social gathering. With 50% of all alcohol bought in this country consumed by 90% of those who drink, moderation is the norm. It is the remaining 10% of drinkers who consume the other 50% of the



alcohol sold who do most of the dying referred to above.

While we have made significant progress in the 'war on drugs', there are many battles left to be fought before we can declare anything like victory. At the top of this list, the battle to recognize alcohol and nicotine as drugs which are as potentially harmful as any illegal chemical substance.

Oh, by-the-way, anyone care to guess at the primary source of funding for the very visible anti-drug media campaign? You've got it, the alcohol beverage industry.

LA SALLE 56 TO AIR ALCOHOL SERIES

Watch for the first of a multi-part series on alcohol entitled When we drink. Program 1 will look at alcohol from a historical perspective from its discovery by serendipity through contemporary consumption.

COCAINE & ALCOHOL: DEADLY COMBO

Recent research at the University of Miami School of Medicine demonstrates that taking cocaine and alcohol together is more lethal than taking either one alone. Once in the body, cocaine and alcohol are actually combined by the liver into a new drug, "cocaethylene."

Important

Research indicates that cocaethylene is more intensely pleasurable than cocaine alone. However, animal studies indicate that taking cocaine and alcohol together is 20 times more likely to result in death than taking cocaine alone. Its relative toxicity in humans is unknown, but routine postmortem examinations of cocaine fatalities at the Metropolitan Dade County Medical Examiner's Office revealed levels of cocaethylene in blood, liver and brain that were in some cases higher than cocaine levels.

Cocaethylene may explain the time delay between major toxic effects of cocaine abuse and the consumption of the drug: People who have a stroke or heart attack from cocaine abuse seldom have it immediately after taking cocaine; More frequently, the stroke or

heart attack occurs 12 to 24 hours after cocaine use. Cocaethylene may be responsible for these toxic effects.

(This summary was abstracted from reference 1 below by Trent Tschirg, R.Ph., Ph.D @ U.M. Baltimore)

References:

- 1) Randall T. Cocaine, alcohol mix in body to form even longer lasting, more lethal drug. Journal of the American Medical Association 1992 Feb. 26;267(8): 1043-4.
- 2) Mash, D. J. of Neurochemistry 1991;56:698-701.
- 3) Rutenber, J. Pharmacology & Biochemical Behavior 1991;39:531-3.

ALCOHOL CAUSES BODY FAT TO ACCUMULATE

A recent issue of the New England Journal of Medicine studied the effects of alcohol (ethanol) on lipid oxidation, the natural process by which the body burns fat for energy.

Alcohol decreases lipid oxidation whether it is added to the diet or used as a caloric substitute for other foods. If a person regularly drinks alcohol in excess of energy needs, fat storage and weight gain are expected.

Adding or substituting ethanol to the test subjects' diets resulted in a positive energy balance of over 2800 kilocalories in a 24-hour period.

REFERENCE

Suter PM, Schutz Y, Jequier E, et al. The effect of ethanol on fat storage in healthy subjects. New England Journal of Medicine, 1992;326:983-7.

As the new semester begins, please remember that the AOD Program is available to cover a professor's class if s/he is to be off campus on professional business. The "Cover for a Prof" program will plan- with a professor's input- a presentation that compliments the course syllabus.

