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## Campus News February 7, 1992

La Salle University

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# CAMPUS NEWS

## LA SALLE UNIVERSITY'S WEEKLY INFORMATION CIRCULAR

February 7, 1992

La Salle University  
Computer Center  
MEMO

To: All Network Users  
From: Laura Agustin and Brenda Brice  
Date: February 5, 1992

Re: Advanced WordPerfect Classes

The following classes are being offered on Wednesday, March 3, 1992:

WP Merge Class	9:00 - 11:00
WP Columns Class	11:00 - 1:00
WP Macro Class	2:00 - 4:00

These classes will be held in Wistar Lab for those people who have valid network accounts. If you wish to attend any of the classes please have a written request from your supervisor sent to the Administrative Computer Center, College Hall Rm 310, Attn: Brenda Brice.

Send in your response as soon as possible because there is limited seating. Please, no more than two people from each department may attend any one class.

If you have any questions please contact the Computer Center at ext 1045.

*Campus News* is distributed weekly to foster communication and encourage information sharing among University departments. Articles submitted are the responsibility of their authors alone and do not imply an opinion on the part of La Salle University or the Department of Mail and Duplicating Services.

**La Salle University**  
**Computer Center**  
**MEMO**

To: All Network Users  
From: Laura Agustin and Brenda Brice  
Date: February 5, 1992

Re: Lotus 1-2-3 Introduction Class

This memo is to inform you that there is an **Introduction to Lotus 1-2-3 Class** being given by the Administrative Computer Center.

This class is scheduled for one full day, 9:00AM to 4:00PM, on Tuesday, March 3, 1992. The class will be held in the Wistar Building in the small computer lab.

This class is geared to those people who have absolutely no knowledge of Lotus 1-2-3. This class will only be covering the basics.

- 1) How to gain access to Lotus 1-2-3
- 2) Screen display and keyboard description
- 3) Data types and how to input data
- 4) Saving and retrieving a worksheet
- 5) Editing a worksheet
- 6) Printing a worksheet
- 7) Using common @functions

If you wish to attend any of the classes please have a written request from your supervisor sent to the Administrative Computer Center, College Hall Rm 310, Attn: Laura Agustin.

Send in your response as soon as possible because there is limited seating. Please, no more than two people from each department may attend any one class.

If you have any questions please contact the Computer Center at ext 1045.



## La Salle Athletics

February 5, 1992

TO: All Faculty, Administration and Staff

FROM: Tom Meier, Associate Athletic Director

Please allow this note to serve as a reminder and/or a notification of several athletic programs or activities. A brief description of the programs is as follows:

1. Fitness Center - If you haven't already visited the center, it is located just to the rear of the St. Neumann dormitory on the South Campus. The center is fully equipped with Universal, Nautilus and free weight equipment for your weight lifting endeavors. In addition, there are ten Cybex rowing machines and two Universal exercise bikes at the site for your cario-vascular workouts. The center does offer changing rooms but not shower rooms so please plan accordingly. For your information, it is exactly 3/4 of a mile from Hayman Hall to the Fitness Center so perhaps you could plan to change in Hayman Hall and incorporate the 1½ mile roundtrip distance to the Fitness Center as part of your workout.

2. Swimming - Both swimming instruction and Senior Lifesaving classes will be offered this semester based on interest. If you would like more information, please contact John Lyons at 951-1520.

Weekday pool hours are generally 12:30 p.m. - 2:30 p.m. and 7:00 p.m. - 9:30 p.m. However, John will often serve as a lifeguard to extend the hours to include 10:30 a.m. - 12:30 p.m. in the morning.

3. Aerobics - We have several instructors with certification from various places such as YWCA, Living Well Lady, etc. who are teaching aerobic classes in the evening. Most of these classes are of the high impact style.

In addition, we have one instructor who is teaching low impact, stretch oriented aerobics at lunchtime (1:15 to 1:55). For additional information, pick up a flyer in Hayman Hall or call extension 1516 for additional information.

4. Lunchtime volleyball, basketball, jogging, etc. - As always, if you sense a need for other programs or would like some other information, please contact the Athletic Department at extension 1516.



VALENTINE'S DAY 1992  
FACULTY DINING ROOM  
LUNCHEON SPECIAL

\*\*\*

RED AND GREEN LEAF LETTUCE  
WITH JULLIENNE RED PEPPER AND YELLOW SQUASH  
SERVED WITH A RASPBERRY VINAIGRETTE

\*\*\*

HEART SHAPED PUFF PASTRY FILLED  
WITH SEAFOOD NEWBURG

\*\*\*

GREEN BEANS AND CARROTS  
WITH BROWN BUTTER AND ALMONDS

\*\*\*

ROLL AND BUTTER

\*\*\*

STRAWBERRY MOUSSE  
SERVED WITH A HEART SHAPED SHORTBREAD COOKIE  
AND FRESH STRAWBERRIES

\*\*\*

COFFEE, TEA, DECAFFEINATED COFFEE  
SPARKLING SWEETHEART PUNCH

\*\*\*

ALL FOR \$3.95!!!

SALAD, ENTREE, ROLL AND BUTTER, AND BEVERAGE FOR \$3.25  
DESSERT AVAILABLE FOR \$.95  
A LA CARTE SERVICE WILL ALSO BE AVAILABLE



Non-Alcoholic Beer:

An Alternative Drink?

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As health conscious American's have expressed their desire for a malt beverage (beer) that has little if any alcohol in it, brewers have responded by offering various "Non-alcoholic" beers.

These beverages offer the consumer the opportunity to drink beer without the worry of consuming 'too much' or becoming intoxicated. As many different brands of non-alcoholic beer are on the market, the consumer has the opportunity to select a variety that tastes as good as 'regular' beer. Should the drinker wish, non-alcoholic brands are also available in 'lite' varieties.

Non-alcoholic beers offer the consumer the opportunity to significantly reduce his/her alcohol intake. By alternating one's regular beer with a non-alcoholic brand, the intake is cut in half. By switching to a non-alcoholic brand, the intake is reduced to almost zero.

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IMPORTANT NOTE

As non-alcoholic beer does contain a small amount of alcohol (less than 1% by law), those recovering from a drinking problem should abstain from these brands as well as regular beer.

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Think before you drink. Responsible decision making about alcohol is your responsibility.

ALCOHOL AND DRUG PROGRAM  
COUNSELING CENTER  
(215) 951-1355

## SMOKING POLICY

### LA SALLE UNION

Smoking is not permitted anywhere in the non-Food Service operated areas of the La Salle Union unless a room has been identified as a "Smoking Permitted" facility/space by appropriate signs.

Specific areas:

- a. Smoking is not permitted in the lobby, corridors, stairwells, or restrooms of the La Salle Union.
- b. Private Offices - Administration: Administrators in fully enclosed private offices may designate their offices "Smoking Permitted."
- c. Private Offices - Student Organizations: At the start of each Semester, student organizations housed in the La Salle Union will inform the Director of Student Life whether their office space has been designated "Smoking Permitted" or "Smoke Free."
- d. Smoking is not permitted in the following Union areas: all conference rooms, the Club Room, the Dan Rodden Theater, the Music Room, and the Dunleavy Room.
- e. Groups hosting events in the Union Ballroom may elect to designate a separate area in that facility as "Smoking Permitted." Program sponsors will provide signs/table tents, etc. indicating which areas and/or tables are "Smoking Permitted."
- f. The President will determine whether the McShain Board Room is/is not "Smoking Permitted."
- g. The Director of Student Life will designate an area in the Williamson Lounge as "Smoking Permitted."

University dining areas, i.e. North Dorm Dining Room, Food Court, Intermissions, Faculty/Staff Dining Room may have a clearly designated "Smoking Permitted" area. All others areas must be smoke-free and seating must be arranged so that smokers and non-smokers are separated. The Director of Food Services will be responsible for designating and posting clearly in which areas smoking may be allowed in the dining facilities.

The responsibility to abide by this policy rests with each university student, staff and faculty member, and guest. Thoughtfulness and consideration of smokers and non-smokers alike is requested in observing this policy as designated. Enforcement rests with the individual and/or group sponsoring a meeting or function in any La Salle Union facility. Student organization presidents/editors/general managers are responsible for enforcement within their offices.

On and off-campus organizations sponsoring programs in the La Salle Union must include in any mailings, brochures, programs, etc. a statement indicating that smoking is not permitted unless an area has been designated as "Smoking Permitted."