

11-15-1991

## Campus News November 15, 1991

La Salle University

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# CAMPUS NEWS

**LA SALLE UNIVERSITY'S WEEKLY INFORMATION CIRCULAR**

**November 15, 1991**

## **"Swap a Cigarette for an Apple"**

On **November 21, 1991** U.S. Healthcare wants your cigarettes and in return for them, they will tempt you to kick the habit with a shiny red apple.

Every time you get the urge to light up between **8:30 a.m. and 12:30 p.m. on Thursday, 11/21**, you can stop by the **Music Room** and swap a cigarette for an apple. While you are there, you can also pick up some informative brochures on smoking cessation and its positive effects on your health.

Mary Ann S. Maugle  
Assistant Director of Personnel

*Campus News* is distributed weekly to foster communication and encourage information sharing among University departments. Articles submitted are the responsibility of their authors alone and do not imply an opinion on the part of La Salle University or the Department of Mail and Duplicating Services.



# SPORTS INFORMATION

**Michael Felici**  
*Director*  
215/951-1605  
**Dawn Wright**  
*Assistant Director*  
**Robert Vetrone, Sr.**  
*Assistant Director*

La Salle University • Athletic Department • 1900 West Olney Avenue • P.O. Box 805 • Philadelphia, PA 19141

**LA SALLE UNIVERSITY  
INTERCOLLEGIATE ATHLETICS  
WINTER SCHEDULE**

**FOR BASKETBALL TICKET INFORMATION  
CALL 951-1545**

<u>Date</u>	<u>Sport</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
11/19	<b>W.Basketball</b>	Russia	Civic Center	TBA
11/19	<b>M.Basketball</b>	Russia	Civic Center	TBA
11/23	<b>Swimming</b>	Boston U..	Kirk Pool	1:00 p.m.



## La Salle Hille

*Prospects for Peace  
A Report on  
Palestinian and Israeli Activists*

*Speakers: Betsy Tessler and Cindy Burstein  
Tuesday, 19 November  
12:30 pm  
Campus Ministry Meeting Room*

**The Art Museum presents...**

**Beverly T. Marchant**

*Assistant Professor of Art History*

**"The Middle Ages Meets  
the Renaissance with Dürer"**



**Tuesday, November 19th**

**12:30 p.m.**

*Renaissance Gallery, La Salle Art Museum*



**La Salle University**  
Philadelphia, Pennsylvania 19141

November 4, 1991

TO: The LaSalle Community  
RE: *Community Service Open House*

Here at La Salle many students, staff and faculty are involved in a great number of community service volunteer programs, and we are working to expand that involvement.

In an effort to spread the word about volunteer opportunities, we would like to co-sponsor a *Community Service Open House* this coming January 23.


We are thinking of inviting several local community organizations in need of volunteers, as well as student groups who are currently spearheading service projects to set up a table in the Ballroom, so that they could talk with interested potential volunteers about upcoming volunteer service opportunities.


We ask for your help in the following ways:

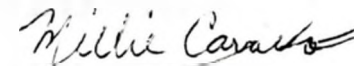
- giving us your suggestions on local community charitable organizations we should invite, so that we can obtain a broad selection of volunteer opportunities
- spreading the word to your students and colleagues, so that potential volunteers will attend
- letting us know any ideas you have that could help us with the planning.

Please let us know your suggestions before the Thanksgiving holiday, so that we might have enough time to plan. See you January 23!

Thanks.

  
Rosemary Barbera  
Campus Ministry  
x. 1048

  
Karen Simmons  
Nonprofit Management  
Development Center  
x. 1701

  
Millie Carvalho  
Urban Center  
x. 1187



**La Salle University**  
Philadelphia, Pennsylvania 19141  
215-951-1566  
Student Health Service

**Act now.**

**If you think  
childhood  
diseases can't kill  
adults, you're living  
in the Dark Ages.**



Student Health Services is please to announce that we have begun a new program to offer immunizations on campus to students, faculty and staff.

We are offering influenza shots, tetanus shots and MMR (measles, mumps and rubella).

The charges for the immunizations are as follows:

Influenza	\$10.00
Tetanus	\$2.00
MMR	\$35.00

The charges are basically to cover the cost of the injections and we believe you will find them reasonable.

Initially, we will be giving these shots on Friday mornings only. Please call Student Health Services at 951-1565 if you have any questions and/or to set up an appointment.

**Get immunized.**

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1900 W. Olney Ave.  
Phila., Pa 19141 - 1199  
Attn: Alumni Office

or stop by the ALUMNI OFFICE, 1st Floor, Benilde Hall to make purchase.

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Alouette  
Nations Room  
Tranfield's Restaurant  
Emerald Garden  
Buckingham Steak Out  
Metropolis  
Jade Palace  
Complions  
Gabrielle's Restaurant  
So Main Grille  
Astral Plane  
Lamberville Station  
Queen's Orchard  
Villa D'Este Ristorante  
Capriccio

Manny's Place  
Il Pasticcio  
Deja Vu  
Circles  
Cafe Preeya  
Blue Ram  
Casablanca Restaurant  
Cafe Lucia  
China Moon  
Marrakesh  
Fischer's Tale of the Whale  
Wycombe Inn  
Three Three's Restaurant  
Changing Scene  
Bon Vivant  
Sydney's Restaurant  
Degenhardt's  
DeSumma's Restaurant  
Joseph Ambler Inn  
Bensalem Beef  
Yorktown Inn  
Phillip's Italian Restaurant  
Callowhill Street

Casa Lupita  
Martavilla Inn  
Alfio's Restaurant  
Isola Bella  
Ristorante Maltese  
China Buddha Inn  
The Plum Tree  
David's Yellow Brick Toad  
Ristorante DiGiovanni  
Riverboat Inn  
Woodbury Homesteader  
Indian Rock Inn  
Widow Brown's Inn  
Country House  
Generations at the Warrington  
Siva's Fine Indian Cuisine  
Green Tree Cafe  
Uliana's  
Waldorf Cafe  
Dambrosky's  
Puffin Billy  
El Kibbutz  
and much more!!

## Philadelphia West Fine Dining

The Philadelphia West edition covers Delaware & Chester Counties, the Main Line, West Montgomery County, Center City Philadelphia

The Windsor Room  
(St. David's Inn)  
Flowing Springs Inn  
Ariana's  
Ship Inn  
Cuisines Restaurant  
Trooper Inn  
West Point Inn  
Crane's Inn  
Horace P. Jerkys  
Lucille's Restaurant  
Mark, IV (Chadds Ford  
Ramada Inn)  
Cafe Noia  
Rose O Grady's  
Jade Garden  
The Lobster Pot

Cutillo's  
Big Apple Theatre  
America Grille (Holiday Inn,  
Kulpsville)  
Reflections (Ramada Inn,  
Essington)  
West Chester Inn  
J. D. Lambs Reliance Hotel  
Unicorn Restaurant  
Binni & Flynn's  
The Landing (Holiday Inn  
Essington)  
The White Horse (Great Valley  
Sheraton)  
Woodside Inn  
Mr. Hoover's  
The Grape Vine  
Gas Light  
Paoli Local  
Old Maple Inn  
Rossi's Town Inn  
The Trolley Stop  
Mamie Dufley's

Royal Exchange  
Finland Inn  
The Peddler Inn  
Bellevue in the Park  
Thornside Inn  
Daley's Old Country Tavern  
Cafe Milano  
Morley's Pub  
Harry's Savoy Grill  
Toby Tuttle's  
Pagoda  
Coco's Carousel  
Persian Grille  
Kyoto  
The Boathouse  
Thomas' on Main Street  
Martha's Table (George  
Washington Motor Lodge)

and much more!!

## Philadelphia East Adventures & Casual Dining

Broadway  
Crabbies  
Shogun  
Legends at Pinecrest  
Scoogies  
Church St. Cantina  
Luccaro's Bistro  
Paradise Cafe  
Sazi Milano  
Antonio's  
Pasta & Co.  
Orlieb's Jazzhaus  
Ginsberg & Wong  
Jonathan's  
Golden Buddha  
Dragon Inn Restaurant  
Coral Reef  
Gourmet Wok  
Chambers  
Chamomiles  
Amara Cafe  
Mandarin Garden  
Mountainside

Sang Yean  
Chris' Cafe & Bar  
China Inn  
Ristorante Villa Capri  
La Casa Mia  
Larry D's  
Peking Delight  
The Commissary  
Cafe Riviera  
Justa Farm Cafe  
European Dairy Restaurant  
Pond St. Grille  
Manny Brown's  
Pizza & Pasta  
Rosita's Restaurant  
Famous Cafe  
Le Bus  
Jack's Waterfront  
Seafood Unlimited  
Capuano  
Seafood America  
Somersets

Seafood Villa  
Capri Pizza  
Piccolo's  
Ristorante Land of Pizza  
Dr Watson's Pub  
Messina's  
Indian Delight  
Rib Ranch  
Anthony's Olds City Pub  
Villa Capri Ristorante & Pizza  
Cocobanana  
En Route Restaurant  
Locust Rendezvous  
Nickies  
Roasted Pepper  
Don Vincenzo's Family Rest  
New Olympia House  
Paradise Cafe  
Cellini's Pizzeria  
Garibaldi  
Hickory Hut BBQ  
and much more!!

## Philadelphia West Adventures & Casual Dining

T.J. Raters  
Saw Mill Inn  
Lord Salford Pub  
Valley Tavern  
Do-Rights Saloon  
Mandarin Royal  
Bailey's Restaurant & Bar  
Frieside Family Restaurant  
Tandour India  
La Taverna  
Rib-it  
Cavanaugh's  
Trivis Tavern  
Captains Seafood  
Grimaldi's  
Golden Pearl  
Village Porch  
Casey's Ale House  
Beefaters Pub  
B. Cunninghams Court  
Mr. E's  
Golden Dragon Palace  
Grahams Pub

Wilson's Eatery  
Chadds Ford Cafe  
Elaines Providence Ale House  
McKeever's  
Baldinos  
Rendezvous  
Joycyn's Restaurant  
Greenleaf  
Casey's  
Italian Village  
Denny's  
Crack N' Crab  
Gators  
Fitzwater Station  
Garnian Wa  
Brass Lodge  
Sizzler  
Malvern Meeting  
Mediterranean Sea  
Taste of India  
J. Wanamakers  
H.A. Winstons  
Court House II

Tre Fratelli  
Villa Capri  
Ho Ho Chinese  
Coach Stop  
Seven Stars Chinese Rest.  
Eden Restaurant  
Cafe Riviera  
Saiad Alley  
Pinocchio's  
Accettio's Delight  
Lascoda's Marchwood Tavern  
Manoa Deli  
Pepper Mill  
Benwyn Tavern  
California Sam's Eatery  
Marrone's  
Seafood America  
Garden of Eating  
Le Bus  
Cornbeef & Co.  
Bloomingdale's  
and much more!!

## Chains

Wendy's  
McDonald's  
Popeye's  
Burger King  
Roy Rogers  
Arby's  
Wopworth's  
Subway  
J's Steaks

K-Mart  
Clover Snack Bar  
Clover Kitchen  
Bradlees  
Little Caesar's  
Sbarro's  
Skinkies  
Allegro Pizza  
Hoagie Experience

Big Al's  
Pizza Movers  
7-Eleven  
Orange Julius  
Honey Baked Ham  
Corn Dog on a Stick  
Wings to Go  
Chik-A-B  
and much more:

## Sports, Special Events & Retail

Phila. Phillies  
Phila. 76ers  
US Pro Indoor Tennis  
Shawnee Mountain  
Villanova Football  
Kirkwood Fitness Center  
Somerton Springs Golf  
Jazzercise

Walnut Street Theatre  
Concerto Soloists  
Phila Drama Guild  
Peoples Light & Theatre  
Phila Museum of Art  
Pa Academy of Fine Arts  
Phila Zoo

Kids-R-Us  
Jack's Camera's  
CVS Pharmacies  
Favva Shoe Stores  
Talent Hair Salons  
Pier 1 Imports  
Gold Medal Sporting Goods  
and over one hundred more!!

## These merchants are found in both editions

Brighton Steak House  
Cafe San Remo  
Hadley's  
Portofino Restaurant  
Jockey Club  
My Thai Restaurant  
La Palais-Resorts International  
Centre Court Restaurant  
Elingtons  
Top of Centre Sq.  
Szechuan Garden  
Tavern on Green  
Cafe Benne  
Lu Lu Wellington's  
Jenny's  
Brandywine American Grille  
Valley Green Inn  
The Grille at Chesterbrook  
Liberies  
Atrium Cafe  
Fratelli Rago  
Strawbridge & Clothier

Cock N' Bull  
Bistro Romano  
Coppermill  
Walnut Grille  
London Restaurant & Bar  
Benchmark  
Marriott Seaview Resort  
Hikaru/Hikaru West  
Lake House Inn  
Long's Gourmet Chinese  
General Wayne Inn  
Tavern on Green  
Zanzibar Blue  
Gerville Public House  
Cascade Lodge  
Glass Tree Restaurant  
Cuttalossa Inn  
Picket Post  
Bridget Fay's  
Middle East  
Chardonnay's  
Casa Maria

18th Street Bar & Grille  
Paradise Cafe  
Thai Royal Barge  
Jon's Bar & Grille  
Roosevelts Pub  
The Terrace  
Maccaciam  
John Wannamaker  
J.J.'s Grotto  
Rib-it  
Cafe Elana  
HA Winston & Co.  
Al E Gators  
Mexican Post  
Tsukiyama  
Gators  
JB Winberie  
Sig's  
Govinda's  
Poor Richard's  
and much more!!

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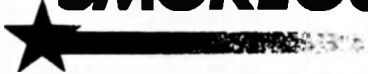


A T T E N T I O N   A L L   M E M B E R S   O F   T H E   L A   S A L L E   C O M M U N I T Y

T H U R S D A Y ,   N O V E M B E R   2 1 S T



## **GREAT AMERICAN SMOKEOUT**



### **LEAVE THE PACK BEHIND**

**J**oin the Great American Smokeout on the third Thursday of November. Millions of smokers across the country will take a break and try not to smoke for 24 hours. How about you? Or, if you don't smoke, adopt a smoker for the day and promise to help that friend get through the day without a cigarette!

90-6MM-No. 5680-LE

### **A FEW QUIT TIPS**

Hide all ashtrays, matches, etc.

Lay in a supply of sugarless gum, carrot sticks, etc.

Drink lots of liquids, but pass up coffee & alcohol.

Tell everyone you're quitting for the day.

When the urge to smoke hits, take a deep breath, hold it for 10 seconds, & release it slowly.

Exercise to relieve the tension.

Try the "buddy system," and ask a friend to quit too.



L A   S A L L E   U N I V E R S I T Y   W I L L   B E   S M O K E - F R E E

I N   H O N O R   O F   T H E   G R E A T   A M E R I C A N   S M O K E   O U T