What Do You Think of When You Hear the Phrase "Soup Kitchen?": How Does the Language we Use Around Hunger, Homelessness, and Poverty Impact our Attitudes and Actions?

PHEED Philadelphia, La Salle University Student Organization

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What do you think of when you hear the phrase “soup kitchen?”

Hunger Awareness Week
Pheed Philadelphia
November 2020
Introduction of Pheed Philadelphia

- Student-run organization on campus that focuses on food insecurity and hunger around La Salle and in the Philadelphia area
- Visit two service sites 3-5 times per week
  - Blessed Sarnelli House in Kensington
  - Face to Face in Germantown
Joining us from Face to Face

Becky Messa
Volunteer Coordinator

Tara Monihan
Director of Programs
Food Insecurity in the United States

- **Food Insecurity**: the lack of access to enough quality food for an active and healthy life
- Food insecurity affects 11.1% of the entire United States population
- Food insecurity affects people regardless of age, gender, race, and/or socioeconomic status
- Short-term and long-term effects
Hunger in the United States

- **Hunger**: a physical feeling
- In 2017, 40 million individual people were struggling with hunger
What do you think of when you hear the phrase “soup kitchen?”
What if we asked you: what is a “community kitchen?”
What is a community kitchen?

- A place where:
  - Physical needs are provided
    - Food, hygiene products, and clothes
  - Community is fostered through meaningful conversation, friendships, and love that promotes the dignity and respect of each person
- A place the nourishes the body, mind, and soul
Why should we use the term “community kitchen” over “soup kitchen?”
What other ways could we change the dialogue surrounding poverty, food insecurity, hunger, and community kitchens?

Why is it important to change the language we use surrounding these topics?
What are some takeaways from today?
What has stuck with you?
Interested in getting involved with Pheed Philadelphia?

- Take part in our drive with Student Affairs between now and the end of the week
  - Collecting gloves, hats, socks, scarves, winter jackets, hygiene products, non-perishable food items
  - Put them in a drop-box on campus
- Join our email list: pheedphiladelphia@gmail.com