

12-1992

The La Salle Explorer, Vol. 7 No. 7

La Salle University

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Recommended Citation

La Salle University, "The La Salle Explorer, Vol. 7 No. 7" (1992). *The La Salle Explorer*. 11.
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The
LA SALLE EXPLORER

Vol. VII No. 7

December 1992



Row, Row, Row Your Boat

Did you ever see Center City in complete darkness about five o'clock in the morning, when the lights in the buildings are not even turned on? Now imagine this situation if you are in a long, sleek slender shell in the middle of the Schuylkill River. Most of the time you are freezing in this boat and are scared to death about falling into the dark, murky water. Well, that is the feeling that I possessed for the first two weeks in October. I had made the decision to join the crew team. What was I possibly thinking when I made this decision? I must have been crazy. Why was I torturing myself by getting up at that ungodly hour every morning and sitting in a boat that wobbled if someone moved their pinky finger? Would our boat ever reach the head of the river? Would we ever start to actually row?

On our second day of practice (with even more wobbling) our coach decided that it would be better to start the team out on land. So at Neuman (fitness center) the next day, I was introduced to a wonderful machine called an ergometer, better known as the erg. I would soon learn to hate this machine. It is on this machine that I learned the actual motions of rowing. After two weeks of continually pulling ergs, lifting weights and running up and down numerous hills, the coach decided we were ready to go back on the water. Time to get back up at 5:10 in the morning again.

This time as we sat in the Dougherty (our boat) everything seemed a little more secure. Maybe the time in the fitness center wasn't as useless as I thought. When we shoved off the dock and started to actually move the boat, it was an invigorating feeling. Our boat had actually made it past the Girard Ave. Bridge. Little by little our boat would venture farther up the Schuylkill. What started out as rowing by oars, then fours and sixes had finally gotten to the maximum number of rowers rowing. After accomplishing what appeared to be a major feat, we learned we would have to tackle a new challenge: to row on the feather. This new technique carried along with it one major disadvantage - catching a crab. A crab occurs when the blade of the oar is not completely squared upon entering the water. This motion causes the oar to spurt up almost vertical in the boat and eventually winding up behind the rower. I think I almost fell out of the boat when I caught my first crab. However after three more weeks on the water, our boat finally began to get the idea of how to row. Our next challenge was to learn to row fast because our first race, the Frostbite Regatta, was approaching quickly. The week before the race the coach worked us incredibly hard, but finally the day had come—we were actually going to race. On the way up to the starting line I was trying to remember all the ways to correct all the things that I had done wrong. But before I knew it the words "Get ready, row" were being shouted and our boat was off. These 2000 meters went by so fast that before I knew it we were crossing the finish line. It was over—all our hard work had finally paid off. We had competed and the feeling was awesome. Even though our boat finished 10th out of 26 boats, I was totally excited. Now I realize why I joined crew--

the thrill of gliding through the water is incredible, the satisfaction of finishing the race is unbelievable and the competition is unrivaled.

Anonymous Rower

La Salle University Alumni Association's Highest Award Was Presented To

Reggie White of the Philadelphia Eagles

Reggie White, the All-Pro defensive end of the Philadelphia Eagles who has devoted much of his time to humanitarian causes, was named the 51st recipient of the Signum Fidei Medal, the highest award presented by La Salle University's Alumni Association.

The award was presented at the Alumni Association's annual dinner on Friday, November 20 in the Union Ballroom on La Salle's campus. Some 43 men and women from the university's senior class and four La Salle administrators were inducted into the Alpha Epsilon Honor Society at the same event.

White, who has been an outstanding role model for young people, was honored for his work in establishing "Hope Palace" for unwed mothers in Knoxville, Tennessee, as well as for his efforts in feeding the hungry in Philadelphia.

An ordained Baptist minister, White excelled in football at the University of Tennessee where he received a degree in human services. He has preached in more than 100 churches and is very active in the Fellowship of Christian Athletes.

White, who is one of the finest defensive players in the National Football League, received the award from Marianne S. Gauss, who is the president of La Salle's Alumni Association.

The Signum Fidei Medal has been awarded annually since 1942 and derives its name from the motto of the Brothers of the Christian Schools -- "Sign of Faith." Previous recipients include R. Sargent Shriver, Bishop Fulton J. Sheen, Rev. Leon Sullivan, Judge Genevieve Blatt, and La Salle University's former President Brother Patrick Ellis, F.S.C., Ph. D., among others.

La Salle University administrators who were inducted into Alpha Epsilon were Brother President Joseph F. Burke, F.S.C., Ph.D.; Raymond Ricci, Vice President for enrollment services; Dr. Gloria Donnelly, dean of the School of Nursing; and Edward A. Turzanski, director of government affairs.



Mens Soccer

After entering a new and more challenging conference this season, the men's soccer team finished with an overall record of 8-10-3. With a majority of the conference games on the road and early in the season, the team ended with a discouraging 1-5-1 MCC record. However, the team compensated



Jeff Van Tiem

for many of those losses by advancing to the final round of the MCC Tournament after defeating top-seeded Xavier 2-1 and winning a penalty kick shoot-out in the semi-finals against Butler after a competitive triple overtime game. In the Philadelphia Soccer Seven conference, La Salle finished third with a record of 2-2-1, including a 1-0 win over undisputed Philadelphia Soccer Seven champion Philadelphia Textile.

In scoring action, senior forward Jeff Van Tiem (Devon, PA) succeeded in becoming La Salle's all-time leading scorer with 41 career goals, 11 which were from the current season. Sophomore Kevin Gerry (Stonybrook, NY) and junior Joe Venezia (New Hope, PA) also contributed in goal scoring with 6 goals and 4 goals respectively. Gerry also added five assists. Senior goaltender Rich Scholer (Philadelphia, PA) anchored the defense. Scholer started in all 22 games for over 2,000 minutes played. He recorded 153 saves for a 78.5 save percentage. Scholer also posted three shutouts on the year.

Many of the players were recognized for their accomplishments. Jeff Van Tiem and Dan Beisel (Philadelphia, PA) both captured Philadelphia Soccer Seven Player of the Week honors. Van Tiem also made the MCC All-Tournament Team along with senior Walter "Gator" Bielecki (Round Rock, TX). In addition, Van Tiem was the only member of the team to make 2nd Team All-MCC. Bielecki was the only La Salle player to be chosen to the All-Philadelphia Soccer Seven Team. Joe Venezia and Kevin Gerry were both chosen to the All-Tournament Team at the Evansville Aces Classic back in September, while Venezia also garnered MCC All-Tournament honors with Van Tiem and Bielecki.

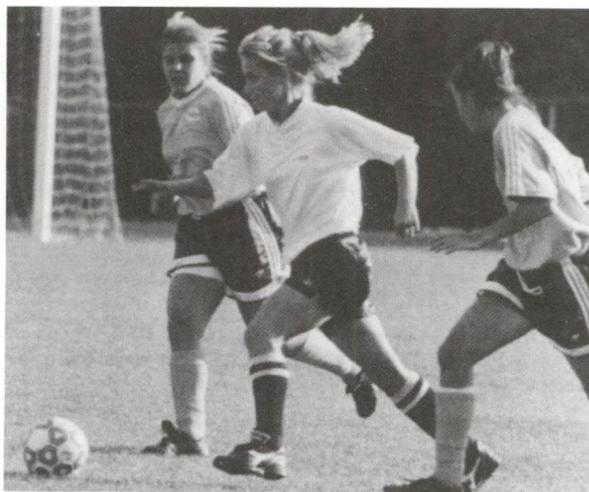
Womens Soccer

The La Salle University women's soccer team entered a new conference, the Midwestern Collegiate Conference (MCC), with a lot of confidence and ambition. With the leadership of senior tri-captains Sue Guba (Doylestown, PA), Jeannine Cridge (Yardley, PA), and Laura Cesaro (Hamilton Square, NJ), along with seniors Denise Scheidell (Burlington, NJ), Linda Madeja (Philadelphia, PA), and Dawn Jaffee (Bensalem, PA), the Explorers had hoped to generate a winning record. Although La Salle fought hard in all 16 games, the Explorers could only earn six victories for an overall record of 6-10, and a MCC record of 1-4. The lone MCC win came on the road against Loyola of Chicago.

Even though La Salle was not 500 this season it did, however, have some highlights. Returning from last year's squad, sophomore Lauri McCandless (Chalfont, PA) and senior Jeannine Cridge provided stability on defense and fortunately for the Explorers, three talented freshman entered the line-up. Freshman walk-on Bridget Carney (Philadelphia, PA) was the team's leading scorer with 11 goals for 22 total points. Joining Carney on the front line was freshman Gabriella Parrino (Sunrise, FL), who chipped in six goals and recorded one assist, combining for 13 points. In the backfield, freshman walk-on Ashley Golden's (Arlington, VA) skills and aggressiveness proved to be vital part of the La Salle defense.

Another added highlight was the experience in the net. Senior Sue Guba entered her fourth year as a starter. In her 1992 campaign, Guba recorded an 81.3 save percentage and in 1126 minutes of play, she gave up 28 goals. Along with Guba, sophomore Christine Raub (Memphis, TN) also saw valuable minutes in the goal. Raub finished the season with a 75.0 save percentage as she gave up 10 goals.

In the 1993 season, La Salle hopes to better their record and prove to be a threat in the MCC regular season and playoffs that will be initiated next year. The entire La Salle family would like to thank the seniors for their four years of dedication to better the women's soccer program. We will miss them and wish them the best of luck in the future.



Jeannine Cridge

Eileen McKeogh
opposite page



Field Hockey

La Salle's field hockey team posted an overall record of 8-9-1 for the 1992 season, but those numbers are quite deceiving. The Explorers suffered two tough losses, Davis & Elkins 1-2 and American 0-1, that probably should have been victories. On the other hand, La Salle did capture unexpected victories over the Richmond Spiders 1-0 and a 2-1 season finale over the Rams of West Chester. Furthermore, the overall record does not go into detail about the four hard-fought overtimes which resulted in a 1-2 loss to the then 19th ranked Kent State; a 0-0 tie with east coast powerhouse Rutgers; a 2-1 win over Bucknell; and a 2-3 loss to cross town rival Drexel.

In addition to the eight Explorers' wins, senior goalkeeper Michelle Richmond (Middletown, PA) recorded five shutouts, as she averaged 1.3 goals against and posted 172 saves for a 90.1 save percentage. Senior forward Kelli McGahey (Blackwood, NJ) led the attack as she exploded for 11 goals and one assist. Freshman forward Amy Antonelli (Berwyn, PA) registered 41 shots and notched the first four goals of her career. Sophomore Renae Rutigliano (Mohegan Lake, NY) was also an offensive threat as she fired in 53 shots and earned a goal. Senior sweeper Kerri McGahey (Blackwood, NJ), twin sister of Kelli, anchored the defense with nine defensive saves. In addition, she was also involved on offense and garnered three goals on the year.

Other contributing defenders were senior Kim Aglidian (Williamstown, NJ) who had two defensive saves and 17 shots on goal; senior Jen King (Blue Bell, PA), while steady on the left side of the field, charged for five attempts on goal; and senior Pam Russo (Norristown, PA) defensively obtained three saves and offensively earned one goal and four assists. Returning next year

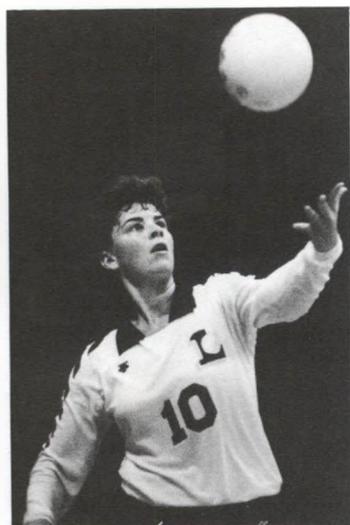
to lead the team will be forwards Rachel Raffile (Northfield, CT) and Dawn Aufiero (Mountaintop, PA) along with probable fifth year senior Kim Aglidian.



Michelle Richmond

Volleyball

The Explorers began the 1992 season with many new faces, including a new coach and a new conference. The Midwestern Collegiate Conference (MCC)-which is known to be a powerhouse conference in the sport of volleyball-- proved to be very challenging for the young Explorer squad. The team went up against nationally ranked Notre Dame and Loyola-Chicago. Upon completion of their first season in the MCC, the Explorers possess an overall record of 6-24. After going 4-8 in the month of



September, the Explorers endured an 11-game losing streak throughout the month of October. The team is currently 2-5 in the month of November. One of the bright spots this season was the play of senior, Eileen McKeogh (Warminster, PA). The outside hitter led the team in kill (2.8) and dig (3.2) average, while also leading the team with 37 aces. In her four-year stint at La Salle, McKeogh has recorded over 1,000 kills. She also captured MVP honors for the La Salle Invitational Tournament and All-Tournament honors in the Hofstra Tournament. Sophomore outside hitter Carrie

Fossella (Maplewood, NJ) was another positive influence in this difficult season. Fossella led the team in hitting percentage with .272 and currently has 193 kills in 470 attempts. Freshman setter Jessica Arnold (Minnetonka, MN) was also a very encouraging indication of what the future holds for the volleyball team. Arnold led the team in assists with 611 (6.9) and is third on the team in aces with 29. This team has gained much experience in their inaugural campaign in the MCC, with hopes of becoming even more competitive in seasons to come.

Cross Country

The men's and women's cross country team ended their regular season with a successful record. Overall the men won three meets, and along with the women's team, finished within the top five of several other competitions. A major highlight of the season was a meet against the University of Maryland, Coppin State and George Washington, when La Salle captured wins on both sides, with each team having five runners finish in the top ten. From there it was on to the MCC Championships, hosted by Xavier on October 31st. Women's team members, Melanie Johnson (Quakertown, PA) and Theresa Lewandowski (Lansdale, PA) finished 12th and 13th respectively to pace La Salle to a third place finish. The men finished second overall, behind Notre Dame. Matthew Stull (Ambler, PA), Michael Ewing (Langhorne, PA) and Jason DiJoseph (Haddonfield) all finished within the top ten, which earned them honors as members of the All-MCC Team. In addition to this honor, junior Jason DiJoseph was named MCC Player of the Week twice this season. As a result of the team's success, coach Greg Moore was named the 1992 men's MCC Coach-of-the-Year. Both the men and the women wrapped up the season on November 14th at the NCAA Regionals.



Women's Tennis

The La Salle women's tennis team finished their season with a 4-7 overall record. The loss of only one senior, first doubles/third singles Elaine LaFlamme (Lewistown, ME), is an encouraging aspect for next year's returning players on this young team. Freshman Monica Rave (Wilmington, DE), who played in the first singles spot, and sophomores Jeanne Montana (Hewitt, NJ), who filled the second singles position, will hopefully lead next year's team to victory.

With wins over Fairleigh Dickinson (7-2), Haverford (8-1), and Textile (6-3) and close matches against Rider (3-4), which was not completed due to rain, and West Chester (2-7), La Salle proved to be a competitive team for a number of their opponents.

The MCC Women's Tennis Championship was held in Indianapolis, Indiana, on October 17th and 18th. Despite finishing eighth in the tournament, La Salle had some success with consolation round winners Monica Rave, Megan Lyall (Upper Marlboro, MD), Kim Gibbons (Exter, PA), and Memie Myers (Lancaster, PA). The team capped off their season with a big 9-0 win over Rowan (Glassboro).

1992-93 Swimming Outlook

In the coming 1992-93 season, John Lyons faces a season filled with numerous transitions. Lyons' team left the MAAC Conference where they have been the dominating school for the past nine seasons and have joined the MCC. After dominating the MAAC, the Explorers are no longer the team to beat within the conference.

"It is going to be interesting in the new conference because of the stronger competition", Lyons says. "Since we are not always going to be favored, it is going to take more from the swimmers and the coaching staff for us to come out on top."

Lyons might like this new found title of underdog, but, graduation forces his team to enter a new conference relying heavily on underclassmen. The Explorers graduated a total of seventeen men and women from last year's squad.

For the men, Lyons will count on senior leadership from John Robertson (Delran, NJ/Holy Cross), Steve Phenneger (Coatesville, PA), Joseph Fenney (Drexel Hill, PA/Cardinal O'Hara), and Greg Wathen (Falls Church, VA/Paul VI).

Frank Lescas (Maple Glen, PA/Upper Dublin), represented Albania in Barcelona for the 1992 Summer Olympics, also will be a key to La Salle's success in the MCC.

Juniors Dan Dunigan (Lansdale, PA/North Penn) and Dustin Foster (Westford, MA/Westford Academy) have improved from their strong sophomore campaigns.

A strong incoming class of freshman will be forced to produce in their first seasons.

Erich Weibl (Mississauga, Canada/St. Martins) was the top junior in Canada. Paul Deconti (Drexel Hill, PA/Monsignor Bonner) and Chris Dormer (Springfield, PA/Cardinal O'Hara) were both prep school All-Americans. High School All-American, Matt Krystopa (Lansdale, PA/North Penn) rounds out this year's recruiting class.

The women have only one senior on this year's roster. Diver Kathy Oakey (Baltimore, MD/Mercy) heads a squad dominated by juniors, Karen Hafner (Cinnaminson, NJ/Cinnaminson), Diedre Lynch (Cherry Hill, NJ/Cherry Hill East), and Judy Skronoski (Shelton, CT/St. Josephs) will be counted on to anchor the team.

Cheryl Coppola (Philadelphia, PA/Girls High) will hopefully have the same success in the MCC that she had in the MAAC.

A strong new conference and a young team will make this a very challenging season for John Lyons and his staff.

La Salle University Explorer News

1900 W. Olney Avenue
Philadelphia, PA 19141