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Message from Dr. Tom Brennan Director of Athletics



Dr. Thomas Brennan

Greetings from 20th Street and Olney Avenue.

It is hard (for those of us in the Athletic Department) to believe that the summer has passed and that we will begin another academic year. AY 1999/2000 represented our fifth year of competition in the Atlantic 10 Conference and our first year of competition in the MAAC Football League. The opportunities to advance the program are outstanding; the challenges are also significant.

I am entering my third full year as Athletic Director and feel very good about the progress that we have made in many areas within the intercollegiate athletics program. For example, during the recent past, significant facility enhancements have been realized (Gola Arena Renovation, Hall of Athletes' Renovation, Fitness Center Renovation, etc.), full time coaching positions have been added (W/Soccer, W/Softball, W/Field Hockey/Lacrosse), scholarships for men and women have been increased, and most importantly, the academic athletic program continues to impress (an 85% graduation rate for La Salle student athletes). The Explorer Club has become an authentic fund development/booster organization that provides annual/additional support to all of our intercollegiate athletic teams. The Explorer Club has been and will continue to be critical to our efforts to build a successful athletics program.

As we enter the 21st century, I think we can all be proud of what the Athletic Department has achieved and what we stand for. Thanks for all that you have done and please call upon me if I can ever be of assistance. I look forward to your continuing involvement and support of La Salle Athletics.

Dr. Thomas Brennan
Director of Athletics

Where are they Now? Cheryl Coppola - Class of '95



Cheryl Coppola

Cheryl Coppola, a champion La Salle diver in the mid-90s, has had some exciting moments in her young, active life. The latest came early this summer when she received a letter informing her that she had been voted into the La Salle Hall of Athletes.

"That was exciting," she said, "to be recognized and honored by the school where I enjoyed so many great moments."

While most of those "moments" came when she was nailing down diving awards and championships for four years, another really big one came in June of the 1996 Olympic year. Unknown to her, Cheryl's mother, Fran, had entered her name with a letter telling about Cheryl's exploits at La Salle, where she achieved a 3.50 GPA in sociology, her work as a diving instructor at Torresdale Swim Club and her appearances in a traveling diving show to a search committee sponsored by Coca-Cola for possible torch bearers throughout the Philadelphia area.

Cheryl was selected from a list of several hundred, and in the early part of an historic June night, she carried the Olympic torch for a stretch on West Chester Pike in suburban Upper Darby.

Asked to select one "major moment" in her La Salle career, which wound up in 1994, Coppola pointed out her semifinal finish in the U.S. Senior Nationals at the University of Minnesota.

That was only but one in a series of Explorer accomplishments and one reason Cheryl, now a physical therapist assistant at Frankford Campus Hospital, will be a member of the 2001 Hall of Athletes inductees at a date to be determined later.

Others joining Cheryl Coppola in the upcoming Hall of Athletes ceremonies (and what they're up to these days) will be:

- JENN COLE '93** (basketball): In pharmaceutical sales with Wyeth-Ayerst Labs, Cincinnati; living in Mason, Ohio;
MIKE MOSLEY '82 (track): Senior Account Agent, AllState Insurance Co., Montgomeryville, PA., living in North Wales, PA.;
TOM BONK '82 (baseball): Pharmaceutical sales for SmithKline Beechan, lives in Philadelphia; and
TOM MCKEON '79 (swimming): Money manager, West Chester (PA) Capital Advisors, lives in Phoenixville, PA.

NovaCare and La Salle Join Forces



The La Salle University Athletic Department established a partnership with NovaCare

Physical Rehabilitation. NovaCare has become the "official provider" of rehabilitation for student-athletes at La Salle. Physical therapy services are provided on campus in the Hayman Center Training Room. NovaCare professionals are prepared to treat all types of injuries. Available services include low back care, post-surgery rehabilitation, hand therapy, injury prevention programs, aquatic therapy and much more.

NovaCare's physical therapy facility provides various rehabilitative services to meet the individual needs of each customer

and patient. Treatments can target limitations in strength, range of motion, dexterity, work capacity and activities of daily living.

John P. Toohr, P.T., ATC, has 15 years of clinical/sports medicine experience and specializes in working with athletes and orthopedic rehabilitation patients. Presently, John serves as the physical therapist for La Salle University Athletics. Kristin DiConstanzo, ATC, is the certified athletic trainer (ATC) for La Salle University Athletics. Prior to working with the La Salle staff, Kristin was the head athletic trainer for West Deptford High School in Southern New Jersey.

NovaCare Rehabilitation is a division of Select Medical Corporation. With more than 90 centers in the Delaware Valley, NovaCare provides rehabilitation services to

Philadelphia's professional sports teams, local universities, many high schools and local and regional industries.

* * * *

Corporate Partnership Opportunities We Need Your Help!

Corporate Partnership Opportunities are available with the athletic program. Corporate Partners/Sponsors receive significant advertising and promotional consideration and can have plans customized to meet your company's needs.

Packages include: Signage, Print Advertising, Radio, World Wide Web, Promotions, Tickets, VIP Hospitality, and Sponsor Days.

To receive a sponsorship brochure with additional information, please contact Peter D'Orazio at 215-951-1545.



2000 FALL COMPOSITE SCHEDULE

AUGUST				
Sun.	27	Women's Soccer	LONG ISLAND	1:00
Wed.	30	Women's Soccer	VILLANOVA	4:00
SEPTEMBER				
Fri.-Sat.	1-2	Volleyball	at Drexel Tournament	
Fri.	1		vs. Binghamton	2:00
Fri.	1		vs. Loyola (MD)	8:00
Sat.	2		vs. Lafayette	2:00
Sat.	2		vs. Drexel	6:00
Sat.	2	Field Hockey	LAFAYETTE	1:00
Sat.	2	Women's Soccer	SETON HALL	1:00
Sat.	2	Football	at St. Francis (PA)	1:00
Mon.	4	Men's Soccer	at Villanova	1:00
Tue.	5	Men's Tennis	TEMPLE	3:30
Tue.	5	Women's Soccer	at Delaware	4:00
Wed.	6	Field Hockey	at Ursinus	3:30
Wed.	6	Men's Soccer	at Philadelphia Univ.	4:00
Thu.	7	Women's Tennis	VILLANOVA	3:30
Fri.	8	Women's Soccer	ST. PETER'S	4:00
Sat.-Sun.	9-10	Volleyball	at Robert Morris Tournament (St. Francis (PA), Canisius, Niagara)	TBA
Sat.	9	Cross Country	Lafayette Invitational	TBA
Sat.	9	Football	DUQUESNE	1:00
Sat.	9	Men's Soccer	at Drexel	3:00
Sun.	10	Field Hockey	DREXEL	12:00
Tue.	12	Volleyball	FAIRLEIGH DICKINSON	7:00
Tue.	12	Men's Tennis	VILLANOVA	3:30
Wed.	13	Women's Soccer	LAFAYETTE	4:00
Thu.	14	Field Hockey	at Rider	3:30
Thu.	14	Men's Tennis	at St. Joseph's	TBA
Fri.-Sat.	15-16	Volleyball	at Brown Tournament (Princeton, St. Peter's, Jacksonville)	TBA
Sat.	16	Cross Country	at Princeton Invitational (Princeton, La Salle, Oklahoma State)	TBA
Sat.	16	Football	at Iona	1:00
Sat.	16	Men's Soccer	at Maryland-BC	1:00
Sun.	17	Women's Soccer	at Towson	1:00
Tue.	19	Volleyball	at Lafayette	7:00
Tue.	19	Field Hockey	at Bucknell	4:30
Thu.	21	Women's Tennis	LAFAYETTE	3:30
Fri.	22	Men's Soccer	at Fordham	3:00
Fri.	22	Volleyball	at Duquesne	6:30
Sat.	23	Women's Tennis	TOWSON	11:00 AM
Sat.	23	Field Hockey	at Columbia	12:00
Sat.	23	Football	SIENA	1:00
Sat.	23	Women's Crew	Head of the Potomac	TBA
Sun.	24	Women's Soccer	at Fordham	1:00
Sun.	24	Women's Crew	King's Head of the Schuylkill	TBA
Mon.	25	Field Hockey	at Lehigh	3:30
Tue.	26	Women's Tennis	at St. Joseph's	3:30
Tue.	26	Volleyball	GEORGE WASHINGTON	6:30
Wed.	27	Field Hockey	at Towson	3:30
Fri.	29	Women's Soccer	XAVIER	3:00
Fri.	29	Field Hockey	at Temple	3:30
Fri.	29	Men's Soccer	at Xavier	7:00
Fri.	29	Women's Volleyball	XAVIER	8:00
Sat.	30	Field Hockey	vs. JMU at Temple	2:00
Sat.	30	Football	at Catholic	2:00
Sat.	30	Women's Volleyball	DAYTON	5:30
Sat.	30	LA SALLE INVITATIONAL	at Belmont Plateau Men: Pennsylvania, Villanova, Marquette, La Salle Women: Marquette, La Salle	

Project TeamWork



The Philadelphia Big Brothers and Big Sisters pose for a photo at McCarthy Stadium.

La Salle University's Project TeamWork relies on teamwork among the university's athletic department, student-athletes, the community and the generosity of a group of sponsors who provide financial and service assistance.

Project TeamWork is the Department of Athletics youth outreach and community service program. La Salle's Director of

Athletics, Dr. Thomas Brennan, introduced the program and was recently named to the Board of Directors of Big Brothers/Big Sisters. Peter D'Orazio, La Salle's Assistant Athletic Director of Advancement, was also a big proponent of TeamWork and was named to the Board of Directors for the Philadelphia Inner City Games.

"Project TeamWork is highly consistent with the Lasallian Tradition and the Christian Brothers' well-recognized history of exemplary service to youth and the community," Brennan said. "It occupies a high priority within our athletic department."

Part of its success and enhancement depends on grants from foundations such as the Patricia Kind Foundation, which has awarded \$75,000 over the next three years. With this grant, a fulltime position will be added to further develop the existing Project TeamWork program.

In implementing Project TeamWork, Brennan called on his background in outreach and community service, which includes Special Olympics involvement in Maryland and New Mexico, the Mayor's Gang Task Force in San Jose, California, and Big Brothers/Big Sisters.

"The input of the athletic staff and La Salle student-athletes has enabled us to make considerable progress in this effort," Brennan said.

Many recent events have helped Project TeamWork escalate into a successful means of generating progress in the community. Men's basketball coach Bill "Speedy" Morris was inducted into the Catholic Youth Organization (CYO) Hall of Fame for his charitable endeavors throughout the Philadelphia diocese. La Salle's Assistant Athletic Director, Peter D'Orazio, has done extensive work with the Inner City Games. Graduate student and former La Salle track standout Marc Cianfrani has served the athletic department as the coordinator for the project.

Foremost among the activities hosted by Project TeamWork for area youth, especially Philadelphia Big Brothers/Big Sisters, have been trips to the Franklin Institute, the New Jersey State Aquarium, a Clean-Up Day in Fairmount Park and their participation in Youth Days at La Salle sporting events.

As part of Project TeamWork, the athletic department established an Adopt-A-School program. Currently, student-athletes work as mentors and tutors with several local schools. In addition, students at the schools are invited to participate in clinics and workshops and attend La Salle sporting events and other activities.

Perhaps Project TeamWork's goals and achievements are best summed up as part of a citation it received from the National Consortium for Academics and Sports in being named to the NCAS Honor Roll.

"We thank you for all the hard work and dedication displayed by your department for the well-being of your student-athletes and your community," wrote NCAS executive director Richard Lapchick. "Your leadership enables your student-athletes to succeed and to give hope and inspiration to those in their communities. The NCAS acknowledges and appreciates all that you do."

Comments, feedback and suggestions can be sent to Peter D'Orazio, Assistant Athletic Director, via email at explorerclub@lasalle.edu or by phone at 215-951-1545.

** CORRECTION ** Tom Cislo was inadvertently listed as a Blue Club (\$50) member in the previous Explorer Club Donor Roll issue. He is actually a member of the Varsity Club (\$500). La Salle would like to apologize for the mistake.



Compliance Corner



As a friend and supporter of the La Salle University Athletics Program, the NCAA requires that you adhere to the same regulations as our coaches, administrators, and staff members.

1. You are a "representative" of La Salle University Athletics

Athletics

The NCAA considers you a representative of La Salle University Athletics if you have ever:

- Been a member of the Explorer Club or promoted La Salle intercollegiate athletics through other organizations;
- Made a financial contribution to the Athletic Department or the Explorer Club;
- Assisted in the recruitment of prospects or been asked by an Athletic Department staff member to assist in recruiting;
- Assisted in providing benefits to enrolled student-athletes (e.g., summer jobs) or their families; or
- Promoted the La Salle Athletic Program in any other manner.

2. Once an athletics representative, Always an athletics representative

Involvement in any of the above activities identifies you as an "athletics representative" and you must maintain this identity indefinitely. Whether or not you continue to make contributions to La Salle Athletics, you must continue to observe the regulations.

3. Who is a prospective student-athlete?

A prospective student-athlete ("prospect") is a student who has started classes for the ninth grade and has been recruited by a La Salle coach, staff member, or representative of La Salle Athletics.

Ask Buck



Larry Koretz was La Salle's 86-87 Men's Basketball Captain.

The name of the column is Ask Buck, and that's exactly what you've done so we'll try to answer some of the questions.

Sonny Hall, a La Salle fan from North Wildwood, NJ, wants to be reminded of the Explorers' great ride to the National Invitation Tournament finals in 1987. Actually, what he wanted to know was the starting five that season. Before we give you the answer, think about it and you will find it after Buck's recollection of that great time.

That's easy for Buck who was at every one of the games, starting with an 86-84 win at Villanova, then at an 89-81 St. Patrick's Night victory over Niagara in Buffalo, followed by a Palestra 70-50 romp over Illinois State.

It was on to Madison Square Garden for the semifinals and a 92-73 win over Arkansas-Little Rock, only to be followed by a heart-breaking 84-80 championship game loss to Southern Mississippi.

And the starting five in most of the 20-13 season was captain Larry Koretz, Tim Legler, Rich Tarr, Craig Conlin and freshman Lionel Simmons, who led the team that season with 670 points for a 20.3 average.

And thanks to Sonny for reminding us of a great La Salle moment.

* * * *

Several others of you have inquired about the Hall of Athletes, who's in it, who's not and other information. As for who has been inducted, there are about 100 former athletes, coaches and administrators who have been enshrined since the Hall was formed in 1961.

The five charter members include three Olympians -- Joe Verdeur (swimming), Al Cantello and Ira Davis (track and field). The other two are basketball Hall of Famer Tom Gola and football great Frank Loughney.

Since La Salle didn't become completely co-ed until 1970, there were no women honored until Mary O'Connor in 1978. She was the school's first women's administrator.

The first La Salle University woman athlete in the fold was Diane Moyer, in 1980, for her field hockey exploits, although she also participated in softball and basketball.

2000 FALL COMPOSITE SCHEDULE (Cont.)

OCTOBER

Sun.	1	Women's Crew	Head of the Christina	TBA
Sun.	1	Men's Soccer	at Dayton	1:00
Sun.	1	Women's Soccer	DAYTON	1:00
Tue.	3	Men's Tennis	FORDHAM	3:30
Tue.	3	Volleyball	at Temple *	7:00
Thu.	5	Women's Tennis	LEHIGH	3:30
Fri.	6	Women's Soccer	at Geo. Washington	12:00
Fri.	6	Men's Soccer	GEO. WASHINGTON	3:30
Sat.	7	Volleyball	FORDHAM *	6:00
Sat.	7	Women's Crew	Head of the Ohio	TBA
Sat.	7	Cross Country	Paul Short Invitational	TBA
Sat.	7	Football	at Canisius	1:00
Sat.	7	Field Hockey	ALBANY	1:00
Sun.	8	Women's Soccer	at VCU	2:00
Sun.	8	Men's Soccer	at Pennsylvania	2:00
Tue.	10	Women's Tennis	at Fordham	3:30
Tue.	10	Volleyball	at Delaware	7:00
Wed.	11	Field Hockey	ST. JOSEPH'S	4:00
Thu.	12	Women's Tennis	WEST CHESTER	3:30
Thu.	12	Men's Tennis	at Lafayette	3:30
Fri.	13	Women's Soccer	DUQUESNE	3:00
Fri.	13	Men's Soccer	at Duquesne	3:30
Fri.-Sun.13-15		M and W Tennis	at Xavier and Dayton	TBA
Fri.	13	Volleyball	at Rhode Island*	7:00
Sat.	14	Volleyball	at Massachusetts*	7:00
Sat.	14	Men & Women's Crew	Navy Day	TBA
Sat.	14	Cross Country	at Michigan (A-team)	TBA
Sat.	14	Cross Country	at Lafayette (B-Team)	TBA
Sat.	14	Field Hockey	WEST CHESTER	12:00
Sun.	15	Women's Soccer	SAINT BONAVENTURE	2:00
Sun.	15	Men's Soccer	at St. Bonaventure	1:00
Tue.	17	Women's Tennis	at Loyola (MD)	3:30
Tue.	17	Volleyball	at Rider	7:00
Thu.	19	Men's Tennis	COPPIN STATE	3:30
Thu.	19	Women's Tennis	COPPIN STATE	3:30
Fri.	20	Women's Soccer	at Temple	3:00
Fri.	20	Men's Soccer	TEMPLE	3:30
Sat.	21	Football	SHENANDOAH	2:00
Sat.	21	Field Hockey	at American	1:00
Sat.	21	Volleyball	ST. FRANCIS (NY)	1:30
Sat.	21	Volleyball	DUQUESNE*	7:00
Sat-Sun 21-22		Men & Women's Crew	Head of the Charles	TBA
Sun.	22	Field Hockey	at Georgetown	1:00
Sun.	22	Men's Soccer	SAINT JOSEPH'S	1:00
Sun.	22	Women's Soccer	at St. Joseph's	1:00
Tue.	24	Men's Tennis	MORGAN STATE	3:30
Tue.	24	Volleyball	PENNSYLVANIA	7:00
Tue.	24	Women's Tennis	MORGAN STATE	3:30
Wed.	25	Field Hockey	MONMOUTH	3:00
Fri.	27	Field Hockey	at Rhode Island	3:00
Fri.	27	Men's Soccer	RHODE ISLAND	3:30
Fri.	27	Women's Soccer	at Rhode Island	7:00
Fri.	27	Volleyball	at Dayton*	6:30
Sat.	28	Football	at St. John's	1:00
Sat.	28	Men & Women's Crew	Head of the Schuylkill	TBA
Sat.	28	Volleyball	at Xavier*	7:00
Sat.	28	Cross County	A-10 Championships	
Sun.	29	Field Hockey	at Massachusetts	12:00
Sun.	29	Men's Soccer	MASSACHUSETTS	1:00
Sun.	29	Women's Soccer	at Massachusetts	1:00

NOVEMBER

Thu.	2	Volleyball	TEMPLE*	7:00
Fri.-Sun.	3-5	Men's Soccer	A-10 Championships	
Fri.-Sun.	3-5	Women's Soccer	A-10 Championships	
Fri.	3	Volleyball	at Fordham*	7:00
Sat.	4	Volleyball	at Siena	6:00
Sat.	4	Crew	A-10 Heat Race	TBA
Sat.	4	Football	at St. Peter's	7:00
Sat.-Sun.	4-5	Field Hockey	A-10 Championships	
Tue.	7	Volleyball	at G. Washington*	7:00
Fri.	10	Volleyball	MASSACHUSETTS*	7:00
Sat.	11	Volleyball	RHODE ISLAND*	7:00
Sat.	11	Football	MARIST	1:00
Sat.	11	Crew	Frostbite Regatta	TBA
Sat.	11	Cross Country	District II Champs	
Sun.	12	Crew	Bill Braxton (M & W)	TBA
Sat.	18	Football	FAIRFIELD	1:00
Sat.	18	Cross Country	IC4A, ECAC	
Sat.-Sun.	18-19	Volleyball	A-10 Championships	
Mon.	20	Cross Country	NCAA Championships	

If you believe you may have a worthy candidate, drop Buck a line in care of our alter ego - Bob Vetrone, Sr., La Salle University, Box 805, Philadelphia, PA, 19141-1199 or e-mail at vetrone@lasalle.edu. And that goes for any other La Salle athletic question you may have.



The Newsletter of the
Explorer Athletic Club
Volume 9, Issue 1

La Salle University
Department of Athletics
Hayman Center
1900 West Olney Avenue
Philadelphia, PA 19141-1199

WE'RE ON THE WEB
WWW.LASALLE.EDU/ATHLETIC



A note from...the Executive Director...

I would like to thank all the Explorer Club Volunteers who participated in the 2000 Spring Fund Drive. Over \$100,000 was pledged during the fund drive kicking off the 2000/2001 fundraising program.

The Explorer Club will embark on a new fundraising venture this fall with the 1st annual Explorer Club Walk-A-Thon. The event will be held on Saturday, November 11th prior to the La Salle/Marist football game.

I encourage all Explorer Club members to participate either as a sponsor or a walker. To participate in the Walk-A-Thon, please complete the attached entry form and return to the Athletic Advancement Office.

As always, not only are we looking to identify additional individuals to become members of the Explorer Club, we are also looking for current members to become more involved with the organization of the Explorer Club. If you can help in any way, please contact the Athletic Advancement Office at 215-951-1606.

Fall 2000 - Explorer Club Events

SEPTEMBER

Sat.	9	Football vs Duquesne (Young Alumni Day)	1:00 PM
Sun.	10	Field Hockey vs. Drexel	12:00 PM
Sat.	23	Explorer Club Board of Dir. Meeting	10:00 AM
		Football vs Siena (Homecoming)	1:00 PM
Sat.	30	La Salle Cross Country Invitational	3:30 PM

OCTOBER

Sun.	15	Women's Soccer vs. St. Bonaventure	1:00 PM
Sat.	21	Football vs Shennandoah (Youth Day)	2:00 PM
Sun.	29	Men's Soccer vs. Massachusetts	1:00 PM

NOVEMBER

Sat.	11	Explorer Club Walk-A-Thon	9:30 AM
		Football vs Marist (Parents' Weekend)	1:00 PM
		Volleyball vs Rhode Island	7:00 PM
Sat.	18	Football vs Fairfield (Open House)	1:00 PM

www.explorerclub@lasalle.edu

Explorer Club Walk-A-Thon

Name: _____

Street Address: _____

City: _____ State: _____

Zip: _____

Phone #: _____

Email: _____

Yes, I would like to participate as a walker in the Walk-A-Thon.

Yes, I would like to participate as a solicitor in the Walk-A-Thon.

Yes, I would like to sponsor _____ as a walker.

I would like to pledge \$ _____.

I would like to designate my pledge to General Athletics.

I would like to designate my pledge to _____.

DATE: November 11, 2000
9:00am: Registration (Juice and donuts provided) (McCarthy Stadium)
9:30am: Walk begins
11:00am: Barbecue
1:00pm: La Salle football game - La Salle vs. Marist

Please return this form to:
Athletic Advancement Office - Box 805
La Salle University
1900 W. Olney Avenue
Philadelphia, PA 19141-9985